

Impact Kids

Parent Page

Today's Bible Truths:

- God created people and knows what is best for them
- God loves us, and gives us rules to keep things safe, friendly, and fair.

Bible Passage: The Ten Commandments (Exodus 20:1-20)

Ideas to Use with Your Child at Home

Children (and adults) are more likely to follow rules when they understand why those rules are in place.

- Have your child think of a rule that you use in your household.
- Talk about how that rule is useful to keep things in your home:
 - ***safe** "Wash your hands before we eat. Germs can make you sick."
 - ***friendly** "Say, hello to Miss Lila. She likes when you talk to her."
 - ***fair** "Now, it is Jena's turn to hold the puppy. You had a turn."

Let your child know that you have rules because you love him or her. Rules are more effective when you state what a child **should** do, rather than what they should not do. As often as possible state rules in a positive way.

"Put your feet down." rather than "Get your feet off the couch."

"Close your mouth to chew." rather than "Don't eat with your mouth open."

"Let your sister hold the baby now." rather than "Quit hogging the baby."

Boundaries and rules are everywhere. Boundaries and rules are designed to keep us safe, to help us get along well with others, and to assure that all people have opportunities to experience the good life that God has planned for them. We show that we love God when we obey His rules.

**"If you love me, keep my commandments."
(John 14:15)**